

NSW State League SL#3 & SL#4



9-10 April 2022

WELCOME

Welcome to the 2022 NSW State League events #3 and #4 in the wild granite of New England.

KEY PERSONNEL

Event director Maurice Anker manker@tpg.com.au 0478 556 949

SL#3 Kooringle, Middle Distance

Controller Bob Hawkins

Course Planner Eric Baker

SL#4 Pine Tree, Long Distance

Controllers Tony Woolford, Ian Dempsey

Course Planners Don Barker, Nathan Jeffery

PROGRAM OF ACTIVITIES

Date	Time	Event	Venue
April 9	11:30	Registration opens	Kooringle, Yarrowyck
	12:30	SL#3 Middle distance first start	
	13:30	EOD registration closes	
	14:00	Last starts	
	16:00	Course closure	
April 10	07:30	Registration opens	Pine Tree, Yarrowyck
	08:30	SL#4 Long distance first start	
	10:00	EOD registration closes	
	10:30	Last starts	
	12:30	Course closure	
April 11-13		Junior Training Camp	New England Girls School

COVID-19

Covid-19 still represents a significant health risk. Please do not attend if you have any symptoms. Observe the usual safety precautions, especially keeping your distance, to minimise risk.

GENERAL INFORMATION

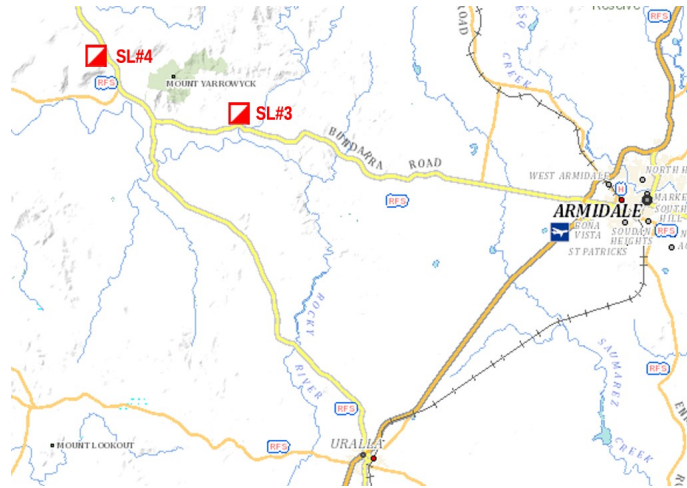
Location

The two events are in the vicinity of Yarrowyck, 23 km and 35 km west of Armidale respectively. They are both easily accessible from Uralla and Bundarra.

Travelling to Armidale

If coming from Sydney or Newcastle, consider taking the scenic route via Gloucester and Walcha. From Raymond Terrace, the trip will take approximately 3½ hours, which is usually faster than going via Tamworth. However if traffic out of Sydney and on the Pacific Highway is very heavy, the M15 Hunter Expressway and Tamworth option is likely to be faster. Consult <https://m1traffic.com.au> for conditions.

From Tenterfield, the fastest route to the event location is probably via the New England Highway and Armidale, but options via Inverell and Bundarra could make interesting alternatives.



Weather warning

Recent heavy rain along the NSW coastal strip has resulted in severe damage to many roads. Even if roads are now open, there may be potholes and rough surface, so allow extra time and drive carefully. See <https://www.livetraffic.com/> for latest conditions or check with police.

Accommodation

Motel and cabin accommodation is fully booked but there are plenty of camping opportunities. There are also some private billets available. Contact [Maurice Anker](#) for information.

For camping options please refer to our [website](#).

General accommodation and Tourist Information

Armidale Tourism www.armidaletourism.com.au/accommodation

Apres O

[Fiori Musicali](#) chamber choir directed by guest conductor Erin Helyard presents a program of sacred music. Saturday 9th April – 8 pm, New England Conservatorium of Music, Armidale.

O-gear

NSW O-Gear and Aussieogear shops will be there to supply any orienteering equipment needs you may have.

Weather

Daytime temperatures in Armidale during April average around 20°C, while night time temperatures average around 8°C and early frosts are possible. Temperatures at the event location can be expected to be a degree or two warmer.

The region gets most of its rain during summer, and although heavy rain is possible in April, the weather is usually quite stable in the autumn season.

Mobile phone coverage

Mobile phone coverage is poor to non-existent on both days. A satellite phone will be kept at registration for emergencies.

EVENT INFORMATION

Everything in this section applies to both events SL#3 and SL#4

Registration

There will be a Registration tent at each day's event for enquiries, collection of hired SI sticks, payment of outstanding fees and Enter On Day courses; otherwise there is no need to report to Registration. Don't forget to return hired SI sticks at the end of Day 2.

Enter on the Day Fees (per day)

Courses	Moderate / Easy / Very Easy
Senior	\$12
Junior (13-20)	\$8
Sub-junior (12 and under)	\$6
Groups	add \$2 for each extra map
SI stick hire	\$2

Sportident number

The list of entries on Eventor and the event web site will show your SI number. If it is incorrect, or for some reason you need to change your SI number, please let the Registration tent know before you start – NOT when you arrive at the finish to download.

Control descriptions

Control descriptions will **not be provided at the start**. Instead they will be available to download from Eventor and will also be printed on the maps. Descriptions on the maps will be in IOF symbols for Hard and Moderate courses, and in English for Easy and Very Easy courses. Both IOF and English descriptions will be available for download for the Moderate course.

Control Stands and Punching

The Sportident electronic punching system will be used.

If an SI unit fails to beep or flash, use the emergency pin punch in one of the reserve punch boxes on the map and report this to the finish officials.

Start procedure

A queuing start will operate with 1 minute intervals.

Arrival at pre-start	SI Clear and check, join the queue for your course
Start - 3 minutes	Call up and name check
Start - 2 minutes	Obligatory SI Check. Move to next box
Start - 1 minute	Move to map box. Boxes will be labelled with the course number only, not the classes. Make sure you take the correct map.
Start on clock beep	Pick up map and proceed to start triangle. Enjoy your run

Finish procedure

After punching the finish control, proceed to the Finish tent to download your results and collect your result label and split times. Please take a slat with your result label attached and hang it on the result board in your class.

You MUST report to the Finish tent even if you do not complete your course.

Because there is no mobile coverage at either event, results cannot be posted in real time but will be posted on Eventor as soon as possible after each event.

Please observe social distancing around the result display

Map collection

Maps will NOT be collected at the finish but please do not show your map to any competitor who has not started. Maps for people who did not start will be available from the Registration tent on day 2.

Course closure

At the course close time, if you have not completed your course, you must abandon it and return to the Finish as soon as possible or a search will be mounted for you.

Safety

Because there is no mobile coverage it is **strongly recommended that whistles be carried** by all competitors for use in emergency. The distress signal is **three short blasts** repeated at intervals. If you hear such a signal, you are required to abandon your course and render assistance. Where vehicle or medical assistance is required, this should be reported to the Registration tent as soon as possible.

Take care when running in areas of long grass (of which there is plenty); numerous hard-to-see small rocks and pot holes could be lurking to twist any unsuspecting ankles.

Full body cover and eye protection are recommended.

Facilities

First Aid: First aid will be available at the arena.

Catering: Tea, coffee, cold drinks and snacks will be available for sale on both days.

Toilets: there will be portaloos at the arena.

String courses

A string course will be available on each day.

Private property



These events are on private property. Donations will be collected to recognise the generosity of the landowners in making their properties available.

SATURDAY APRIL 9 – SL#3

Map Kooringle

Scale Easy and Very Easy course 1:7500
Hard and Moderate courses 1:10 000

Special symbols

-  Man-made object: eg sign post, wreckage, windmill
-  Log pile or tree root

Spacing of north lines is 250 m on the ground.

Safety bearing: South West

Streamer: Pink streamer is used on some legs of the Easy and Very Easy courses

Directions

From Armidale, take the Bundarra Road for 23 km from Miller Street, and just after crossing Booralong Creek look for the turn into Kooringle on the right.

From Uralla: turn into Hill Street, which becomes Thunderbolts Way. After 24 km turn right towards Armidale and in another 5 km look for the turn into Kooringle on the left.

Parking/arena/start

Parking will be adjacent to an old woolshed 300 m from the bitumen. Please park as directed. There will be a 250 m walk to the arena with a further 500 m walk along an easy track to the start.

There will also be a 250 m walk from the finish back to the arena – don't forget to download.

Clothing return: There will be no clothing return. The pre-start is just 250 m from the finish.

Start

Start window is 12:30 – 14:00

Hard and Moderate courses: there will be a short route along a track from the map boxes to the start triangle. This will be marked by a single control flag, with no punch or SI unit.

Easy and Very Easy courses: the start triangle is at the map boxes.

Water

There will be no water at the start, the finish or on the courses for this event. Please carry your own if you think you may need it.

Map notes

The map is a mix of open grassland and lightly forested to scrubby, rocky slopes. There are many patches of blackberry in the open country, mostly not much more than a metre in height; although visibility is generally good, they have been mapped as solid dark green – impassable vegetation – rather than striped green. The map has been revised in February 2022 to take account of the increased size of many blackberry patches and to reinterpret some of the rock detail. Following a very wet season, long grass and weeds are abundant. It can be assumed that most of the map is slow run at best although it has not been mapped as such.

Course	Classes	Length km	Climb m
Hard 1	M21A, M35A	4.2	65
Hard 2	M18A, M20A, M40A, M45A, M50A, M55A, W21A	3.7	75
Hard 3	M16A, M60A, M65A, M70A, W16A, W18A, W20A, W35A, W40A, W45A, W50A, W55A, W60A, M21AS, M35AS	2.9	60
Hard 4	M75A, W65A, W70A, M45AS, M55AS, W21AS, W35AS, W45AS, W55AS	2.1	45
Hard 5	M80A, M85A, W75A, W80A, W85A, M65AS, W65AS	1.4	30
Moderate	M14A, M Junior B, M Open B, W14A, W Junior B, W Open B	2.9	55
Easy	M12A, W12A, Open Easy	2.1	35
Very Easy	M10A, W10A, M/W10N, Open Very Easy	1.9	35

SUNDAY APRIL 10 – SL#4

Map

Pine Tree

Scale Easy, Very Easy and Hard 8 courses 1:7500
All other courses 1:10 000

Special symbols

- Well or water trough
- Water tank (2 – 3 m high)
- ✕ Log pile or tree root

Spacing of north lines is 300 m on the ground.

Safety bearing: West to the property access road, then north to the arena.

Hard 1 course: There is a map flip part way through the course, controls 1-10 on one side and 11-21 on the reverse.

Streamer: Pink streamer is used on Easy and Very Easy courses, Red and white streamer marks out of bounds or obstacles on the course.

Directions

From Armidale: take the Bundarra Road for 28 km from Miller Street, turn right onto Thunderbolts Way and follow that for a further 7 km; look for the entrance to Pine Tree on the left.

From Uralla: turn into Hill Street, which becomes Thunderbolts Way. After passing the Armidale turnoff at 24 km, proceed another 7 km and look for the entrance to Pine Tree on the left.

Parking/arena/start

Parking will be near the entrance to the property. Please park as directed. The arena will be adjacent to the parking and there will be a 1.5 km downhill walk on a gravel road to the start. If you have young children or have restricted mobility, please see Registration for transport to the start.

The finish will be adjacent to the arena.

Out of bounds: the area east of the property access road from the arena to the first gate is out of bounds

Clothing return: A clothing return will be provided.

Start

Start window is 8:30 – 10:30

All courses: there will be a short route along a track from the map boxes to the start triangle. This will be marked by a single control flag, with no punch or SI unit.

Water

There will be no water at the start or the arena, but there will be a supply of 350 mL bottles of water at easy to find locations on tracks and a fence crossing. Please dispose of used bottles and caps in the container provided.

Map notes

The map covers a range of terrain from open farmland, to fast running forest with occasional rock outcrops, to hilly areas with dense and complex rock detail. There are numerous areas of patchy slow-run and walk vegetation comprising mainly tea-tree, wattle, blackthorn and dead-finish (*Cassinia laevis*), and some occasional patches of blackberry.

Following a fire on the southern part of the map early in 2020 (just after the Xmas 5 days), large patches of wattle have sprung up. Although these patches are for the most part mapped as walk, they are not impossibly difficult to get through. In areas mapped as rough open the grass is very tall so the going will be much slower than usual.

Safety

Many of the granite areas traversed by some of the longer courses can become very slippery when wet, especially the sheets of sloping rock. Be extremely careful when running across these areas if it has been raining. It is permissible to wear spiked running shoes at this event.

Towards the end of most courses, just after a fence crossing/water point, there is an erosion ditch about 75 m long marked with red and white streamer. It is filled with farm rubbish of all sorts from wire netting to old boilers – it is not easy to cross in safety except for a clear gap in the streamer.

Course	Classes	Length km	Climb m
Hard 1	M21A	10.1	300
Hard 2	M20A, M35A, M40A	8.1	320
Hard 3	M18A, M45A, W21A	6.4	330
Hard 4	M50A, W20A, W35A, W40A, W45A, M21AS	5.5	270
Hard 5	M16A, M55A, M60A, M65A, W18A, W50A, M35AS	4.6	220
Hard 6	M70A, W16A, W55A, W60A, M45AS, W21AS	3.6	160
Hard 7	M75A, W65A, W70A, M55AS, W35AS, W45AS, W55AS	3.3	135
Hard 8	M80A, M85A, W75A, W80A, W85A, M65AS, W65AS	2.4	100
Moderate	M14A, M Junior B, M Open B, W14A, W Junior B, W Open B	3.6	120
Easy	M12A, W12A, Open Easy	2.2	85
Very Easy	M10A, W10A, M/W10N, Open Very Easy	2.0	60